

Shirley Lang - Through Adversity to Unlimited Possibilities

Born to Cree parents, Shirley was raised with an inherent respect for Indigenous ways and the power of Earth's abundance. A single mother and soon to be a first time grandmother, Shirley lives a healthy and balanced lifestyle in order to be a positive role model.

Shirley arrived in British Columbia in 1995, from Toronto, leaving her successes and the life she built, behind. During her 20 years in Toronto, Shirley was an entrepreneur owning and operating four high end hairdressing salons as well as a talent agency. Shirley was a prominent figure in the Canadian entertainment industry. At the hub of a high-profile circle of stars and celebrities, Shirley was the focus of major editorial and television coverage. She has contributed to the success of recording artists, radio hosts, television stars and prominent actors, at home and abroad.

In Vancouver and Victoria, Shirley coordinated and developed programs which constructively involved the Aboriginal community in the justice process. Since 2002, in addition to her justice related work, Shirley's entrepreneurial spirit moved her to grow her Catering company, Kitchens of Distinction Culinary Arts Ltd. Shirley has won many cooking awards, as well as community awards, such as the 2014 Woman to Watch Award. She has been featured in the Times Colonist, EAT Magazine, Shaw TV and Chek TV. Shirley is a keen supporter of personal empowerment, and was instrumental in the creation of the The Raven Fund, a scholarship fund for up and coming new Aboriginal chefs with the Canadian Culinary Foundation, in collaboration with programs that support the Murdered and Missing Womens marches.

With a dynamic competence to empower others and an uncanny adeptness for bringing out the best in people, Shirley applies her personal philosophies to the challenges of everyday circumstances and the human condition. She is poised to help her audience identify their untapped gifts and skills, while sparking their imagination, broadening their realm of possibilities, and facilitating their advancement. Through her willingness to share her personal story, Shirley will demonstrate that through conscious awareness and commitment to self-growth, overcoming adversity can lead to an inspired and fulfilling life of love, abundance and possibility.

To Book Shirley Lang for Speaking Engagements:

When you are seeking a practical, inspirational, and authentic speaker who will impact your audience to move forward despite their past adversity, contact Shirley @ 250-858-7777
chef@kitchensofdistinction.ca www.kitchensofdistinction.ca